

Thoughts to Ponder

Let's Extend Thanksgiving

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In the United States our annual Thanksgiving holiday has come and gone. Did you notice anything different about it this year? How did you feel deep within your heart? Were you thankful?

This year as millions gave thanks, the Earth's aura was full of light. People seemed more aware of the blessings they have received. They were more cheerful, more hopeful, more accepting; yes, more thankful! And the light around Mother Earth was beautiful to see. The Light emanated from the United States, as this is her holiday, and her people responded. It was a day that uplifted mankind, as the effects acquired by those participating were world-wide.

But what about today? Are you still feeling blessed? Are you still glowing from the experience of family and friends assembling from near and far? Or are you feeling let down because they are gone and you are tired from all the preparation and cleanup? We ask you to maintain that warm, cozy feeling you had during the holiday get-together and to rejoice in the memories. Why not make every day a day of thanks giving? If you count your blessings each day and think on them, your light will continue to build and will spread farther than you ever imagined.

Happiness and cheer can be uplifting any time, and for each person who feels uplifted, those around him or her will be more cheerful as well. It will have a snowball effect, and the joy will spread across the planet. Nothing produces more light than joy, for joy is equivalent to love, and love is symbiotic with light. One feeds the other. Do you see how much power your emotions can produce? Do you realize that light emanating around one's environment has a strong effect on all living things? If one accepts the light he is uplifted. If he rejects it, he is weakened.

Take time to ponder over those two statements and the consequences involved. Now look on it as a world-wide effect. What can you deduce? Expand that thought and see where it takes you. Now can you see the need for a cheerful countenance? Are you aware now of what you can do for the world and mankind? Each individual can be a dynamo in the building of a new world. A simple smile can do wonders. A pleasant word, thought, or attitude will make a difference. *You* can play an important part in the miracles to come. Think what effect a million smiles will have in bringing forth an era of love, peace, and harmony. Does it not make you want to be a part of that? You can begin with a cheerful thought. What a simple gesture. One cheerful thought or word births another, and another, and another. When that builds up to a million cheery faces, the whole planet will light up!

Don't ever think that you are impotent when it comes to saving the world. Know that you are needed and that you can be an impetus depended upon to help build a world of love and light. You are a seed in the new Garden of Eden which all humanity is striving for. Your every word, your every thought, can make a difference. Each time you dance or sing or laugh you contribute to the new Eden. If you do nothing but evoke pleasant feelings, the effects will be far-reaching. Feel good about yourself and know how significant your life can be to the evolution of your world! You are needed. You could be the one to tip the scale.

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