

# Thoughts to Ponder

Grow with the Flow

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Many are feeling as though their prayers are not being answered. Change is in the air, and most of us are impatiently waiting for it to manifest. We are tired. We are fed up with the status quo. I'm not talking politics. The reference is to the manipulation and self-serving of the secret governments, those who control so many of the elected ones all over the world. It is understandable, as we have suddenly found ourselves aware of all the shenanigans the ones we have allowed to lead us have heaped upon us. And we are angry! Sometimes it seems as though we were better off when unaware of the control that has been forced upon us for eons of time. We don't want to acknowledge that we have been so blindly misled.

Yet without awareness how are we to advance and pull ourselves out of the quagmire we invoked upon ourselves? Accept the fact that we allowed the controllers to take charge of our lives. And realize how far we have come in so short a time in recognizing our responsibility. We have been like sheep, blindly following our leaders for generation after generation while many of these leaders are blindly, or not so blindly, following those who control them, the self-serving ones.

We should not be too hard on ourselves, though. Good people assume and expect everyone else to have the same values. And we have unknowingly made heroes out of some who can talk a good talk but not live the lies they project. Also the attitude of *everyone is doing it, so it must be all right* has edged its way into the mass consciousness.

We have not necessarily been "bad" in giving away our power, but we have been misled and too easily manipulated. It is time to awaken!

During the months ahead, many will be shocked as the frauds of our world are exposed. The time has come when such will be the case. It will cause us to take another look at ourselves and will lead to new resolutions.

Perhaps if we made a list of the values we admire and ask ourselves if those values are being adhered to in our life, we can set better standards for our world, one person at a time. Every slight rise in individual growth will affect the whole. One by one we can uplift the standards for each of our nations and our world. Let your love quotient be the guide, for bringing more love into the world will be our saving grace. Loving our self and each other will save the world and bring it into balance.

Those gifts of love will change the energies that have been pulling us in so many directions that we have become confused and out of harmony. As we each look for change within our self and bring it about, the changes in our world that we so desire will manifest. We can already see it happening. It will soon be a snowball effect. But each of us must do our part. We hold that power within our hands.

We must feed the mass consciousness with thoughts, words, and actions that uphold the standards on our lists. Picture a dark cloud encircling the Earth and let it represent the negative energy being spewed into the atmosphere. It, like toxic air, affects every breath we take. It not



only depletes us mentally and physically, it affects the Earth and all that live upon or within it because we are all connected. Look what has happened to our ecosystem. Look what has happened to our health, our attitudes, and our focus.

Love is the greatest “weapon” to ignite change. As love removes hate, the beautiful energies of light will illuminate our world, and the darkness that has surrounded us for so many eons of time will be defused.

In the meantime, we must concentrate on our own growth. Put all your doubts and worries into the lap of God and know that all is well. We must surrender to the Divine Plan and watch it take place, knowing that our prayers are being answered in accordance with what is best for us in the long run, and know that all is well. This is a time to grow individually. All the forces of the universe are with us now, so this is our time. The approximate 26,000-year cycle of the Earth progression is opening up all avenues for our growth and/or ascension. The energies being beamed to Earth to awaken and uplift us are powerful. Take advantage of them. This is your window of opportunity.

As we go deeper into the photon belt we have the choice of advancing into the Golden Age of love and light or continuing in a world of darkness. It will be in accordance with our vibratory frequencies, or you might say, our love quotient. Earth mankind has grown considerably in the last decade. The extent of one’s growth will determine whether one can advance to a higher realm. It is not a matter of judgment. We are being loved, not judged. But it is a matter of whether one has reached a vibratory rate that can withstand the ever increasing light as Earth progresses through the photon belt.

So use this time to grow spiritually, to speak from your heart, not your mind. Listen to that little voice of conscience. That is your heart speaking. Let it guide you. Forgive yourself for any wrongdoing you are feeling guilty about. Forgive others whom you feel have hurt you. They may be your greatest teachers. Learn from your experiences and let them benefit you. Search for the truth. Feel compassion for others. You do not know what trials they have lived through. Look for the bright side of every situation. Count your blessings and be joyous, for you are greatly loved.