

Newsletter

August 2009

Thoughts to Ponder

The Winds of Change

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During this month of August 2009, Mother Earth and her occupants have been gifted with powerful rays of light from the Great Central Sun through our own beautiful sun. These rays are part of the activation of change predicted by the ancients and by recent crop circles. They are in accordance with the divine plan for our planet and our solar system, which includes the awakening of Earth mankind.

The winds of change have indeed been felt, both physically and spiritually throughout our world. We have been prodded into taking a new look at ourselves and our belief systems, to examine our traits and our actions in the past as well as our reactions to the circumstances we find ourselves involved in today. We are becoming aware of the mistakes we have made individually and as a whole. We are recognizing the control we have allowed others to have over us and are realizing the extent of our submission to the beliefs, the rules and regulations, and the manipulations that others have imposed upon us. We are beginning to think for ourselves. And in the process, we are discovering our need for each other. We are evaluating ourselves and our goals, and we are seeing the value of those whom we may have considered insignificant.

In regard to the physical effects of the rays, our bodies are having to adjust to higher frequencies. This affects us in various ways, partly due to our resistance. We may feel off balance, have sudden attacks of vertigo, feel extremely tired and want extra sleep, or feel agitated and uncomfortable. Aches and pains may also be a problem. Following through on the desire for extra sleep is a good thing. Rest as much as you can. Also, our cells are changing from carbon based to crystalline. When this process is completed and activated, there will be great changes, all good. But we are not going to go into that right now.

Many have not realized that we are entering a new era. Many are confused, and some are fearful. Our comfort zones are being threatened. The systems and structures of the lives we have accepted are fading, and most are unable to see the promise of a new and better way of living. And yet the old has to be dissolved before the new and improved directions can take place.

However, we are protesting in indignation the exploitation and maneuvering that some of our icons have imposed upon us, which we had previously been blind to or felt powerless to combat. And many of those who had maneuvered us are seeing their mischief in a new light and are turning around, while others are fighting desperately to retain their control.

Individually and collectively, we are looking at ourselves, our belief systems and our world in a new way. We are dredging up mistakes of the past and taking a look at them so they can be cleared. And realizing that they were just learning experiences, for us and for those involved. Their energy must be released. Acknowledge them and let them go.

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Even Mother Earth is clearing away the negative energy that lingers in the air, the water, and the lands wherever there has been violence, deceit, or tragedy. Through wind, fire, and water, she is washing away the dark energies in preparation for her ascent into a lighter density.

According to the Mayan calendar and ancient prophecies, this era we are living in is due to end in December 2012, and we will enter a new era in a realm of peace, harmony, and joy. And for those of us who, on a conscious or soul level, have chosen to go with her, will leave behind the darkness that had almost overtaken this planet that for eons has served as a school for personal growth. We will leave behind war, hate, misery, and death. Let the celebration begin, for we are almost there.

But do not falter on the path. Do not let fear turn you back. For fear is the tool the dark ones use to maintain their grip on you. They conceive all kinds of foolish traps to convince you that you are in danger, unless of course you follow their course of action or inaction. This is where faith comes in. If you believe that the universe will give you whatever is for your highest good, be it not harmful to others, that belief will be self-fulfilling. Spirit always desires whatever is for your highest good, but you must ask, for your gift of free will cannot be taken from you. And you must realize that your greatest good lies in the response received. It might not be what you had in mind, but be assured it will be for your greatest good.

Now, let us explore the promises that are unfolding before us. Even though Earth mankind separated himself from Spirit, Spirit did not abandon him. First, realize that every circumstance in your life was agreed upon in your life plan. That is, you decided what you needed to experience in order to grow in consciousness and thus in happiness and fulfillment. Though you may have had the wisest and most loving counselors to guide you in your life planning, the final decision was yours.

You and your soul mates who offered to play a part in your life decided who would be your parents, family, friends, or teachers and what circumstances would contribute to the lessons you wanted to learn and what challenges would need to be overcome. Those who agreed to be your guides would make sure everything went according to plan. So, you see, you were never a victim. Whether or not you progressed in the way you wanted was up to you. If you failed to learn from a situation you had chosen, you would have another chance in another lifetime.

However, as the so-called villains were increasingly over-playing their parts, the influence of the energies of the dark forces were becoming overwhelming. This could not be continued, so Spirit decided to intervene. You are now in the process of being rescued or exonerated. For, after all, you volunteered to go through this purging, and your bravery in doing so is honored. You have earned your “wings” if you so choose.

So believe in yourself and know that you are much greater than you ever imagined. You are a powerful being of Light who either made a wrong turn you wanted to correct, or who came into this dimension to help others find their way back home and were trapped in the dark energies of those who wished to continue their role in an environment of duality. They, too, will eventually choose to go into the Light.

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However, the natural cycles of universal patterns are also intertwined in this stage of changes affecting our planet. We are in a cycle of planetary alignment conducive to growth in consciousness, both for the planets and for the beings occupying them. Our entire solar system is evolving. Many came to Earth at this time in order to experience this evolvement and to help bring it about. You can contribute to this enfoldment by following the path of love and compassion as taught by the various messengers who have come at intervals to help us find our way back home. Some of the most evolved Light beings have also been trapped in the strong negative energies of the darkened ones whose influence is magnetic.

But Mother Earth, herself, has chosen to ascend into the Light and to take as many of her population with her as have chosen to go. This has never happened before. So you have the opportunity to experience a one-of-a-kind miracle. So hop on the bandwagon and expect a whale of a ride! Actually, the transition will be very peaceful. It will be like waking up and finding yourself in a beautiful and magical new world beyond your highest expectations. You will be ecstatic!

On Wings of an Eagle

May you soar like an eagle
and ride with the wind,
float gently through clouds and
serenely begin
to glide through a rainbow,
absorbing each hue,
as you touch every star
while discovering you.

When you fly with the eagle
and blend with its power,
delight in the freedom
of each passing hour.
Throughout your life's journey,
view Earth from the sky
and gain the perspective
of life from on high.

The eagle will teach you
to follow your soul
and capture the moment
but reach for the goal.
So sail through the storm clouds
with barely a nod
as you soar toward the Light
while discovering God.