

Thoughts to Ponder

Who and What is God?

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Reflections of God

God's Spirit lives within each soul.
We never are alone.
It guides us gently toward our goal,
to find our way back home.
See God in everyone you meet,
for He has many faces.
His flame glows deep within each heart
and in all hidden places.
His light resides in everything:
the sky, the sea, the sod.
So look into your mirror and
you'll see the face of God.

Who and what is God is a question that humankind constantly tries to define. Mostly, we put God out of our mind until things go wrong. When we think we need help we suddenly remember Him and send him our pleas. We don't need to call upon God; we just need to listen to His counsel. For he is always with us, so why would we need to call him forth? The problem is we don't listen. His guidance is available 24-7. How foolish can we be when we fail to use it? Instead we listen to our ego, which is made up of our faulty belief systems, our questionable thought patterns, and our undependable urges.

The God Force chose to express through us. We are His hands and feet, His voice, His power in expression. Yet He gave us free will, to stumble through life on our own, or to use His omniscience, His omnipotence, and His omnipresence within us. All we have to do is to listen to his guidance! We can pretend that we are separate entities and, like a stubborn child, blunder our way through life, calling upon God's help whenever things don't go our way. Or we can take the easy path and simply follow Spirit's directions, feel His peace, know His knowingness, experience His love, and delight in all things each moment of our days. We can just recognize our divinity, listen to our guidance—our consciousness, the small voice within—and allow Him to express through us.

The God Spirit is not going to punish us when we make mistakes. What we may see as punishment is merely cause and effect. When we make poor choices because we have failed to listen to our guidance, we bring about the consequences. All we have to do is to start listening. We are not being controlled; we are being guided into the circumstances that will bring us happiness. That is all God wants for us. And yet we tend to blame Him when things go wrong and fail to give Him credit when things go right. It is not that He needs the credit. He wants us to recognize that we are One and to appreciate and enjoy all the benefits that this Oneness can imply. The Spirit that we call God is simply All That Is. Everything comes from Spirit, and in essence *is* Spirit. There is nothing else.

So why have we tried to disconnect ourselves? The disconnection is only in our perception. We cannot be disconnected from the God Force. We are part of it! So let us change our perceptions.

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We have only to feel the power, the peace, the joy, and the beauty that is intrinsic to the Spirit we call God. Our happiness, our fulfillment, our dreams, are here and now if we but remember who we are, and always have been, in spite of our intentions to see ourselves as separate from all of Spirit's manifestations. Everything is Spirit! We are basically Light Energy manifesting as an individual expression of the whole. It is time to recognize that fact. It is time to awaken and be what we truly are, God expressing as the individual we call *me*.

Go deep within yourself and find that power, that love, and let it be recognized as a part of you. Claim it, as it is your true self. Love yourself for what you are, an expression of the God Force. Do not put limitations in its way. You are not limited. The limitations you have put upon yourselves are illusions. You are holy. Waken and claim your divinity. See that divinity in everyone you know, in everyone you meet. Feel the connection, the oneness between you.

The Gift

He taught us that we are Divine,
and through his works, displayed the power
innate to children of our God.
He told us that this might is *our*
true heritage. For we, like Him,
are children of a power so great,
so full of love, He would instill
in every child He would create
a spark of His divinity.

Christ said that when we learn that we
are One with God and all that lives,
we would do greater works than he.

Displaying but a portion of
the power he held within his hand,
the Christ, expressing his great love,
taught only what we'd understand.
But now we've grown. The time has come
for us to claim the God within,
to use the power inborn in us,
and know that we are part of Him.

Two thousand years have passed since Christ
revealed his message to the world.
He taught of love, eternal life,
and so our consciousness unfurled.
And now he waits to welcome us
as we emerge from dark of night
and, reaching out with open arms,
return once more into the Light.