

Newsletter

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# Thoughts to Ponder

## Manifesting Your Dreams

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At one time we had the ability to manifest our needs as they presented themselves. However, we lost this ability when we separated ourselves from God and forgot who we were: divine beings bestowed with divine power, eternally connected with the God Force. We placed God “up there” someplace and considered ourselves to be individuals limited by circumstances and dependent on our Lord’s mercy, a lord who constantly judged us and gave or withheld our needs or desires in accordance with our deservingness or groveling. If we consider that we are an off-shoot of the God force and can control our own circumstances, how do we re-establish our ability to manifest?

Everything in creation is simply light in a stage of vibrational frequency. Physicists are discovering and revealing to us the power of our thoughts and words by explaining how photons of light can change from waves to particles through thoughts or words. The science of Dr. Masaru Emoto demonstrated how water crystals respond to negative or loving thoughts by changing from warped to beautiful shapes. Light energy can be morphed into form through conscious or subconscious energetics of thought, powered by intent and emotion. The more passionately our intention is directed, the more easily we can manipulate that energy into creative form.

So what is the practical application of this knowledge? First we must be clear about our intent. We don’t want to manifest willy-nilly without thinking things through or we could create chaos. (We have all done this unknowingly.) Clarity of mind is essential.

State your desires. Write them down, if need be, and then visualize the results you are striving for. Be clear and specific in your visualization. Keep the vision in your mind and let it inspire you to a passionate desire. Experience the feelings that receiving the result you are envisioning would invoke. Develop that *feeling* as an *expectation*, a *knowing* that the vision will be produced.

Be patient. You don’t have to expect a miracle in a day, or a week, or any set time. Let the Universe determine when it is appropriate. That time will come whenever the frequency of the consciousness matches the frequency of the vision. So live your dream. Be the person who has the confidence to rest in the assurance of ever available abundance. Doubts, impatience, or frustration will only slow down or dissolve the process. So keep a steady belief and faith in the result you are ordaining. Live in accordance with the belief that what you are projecting is already a reality.

Start with visions of what you want for yourself but expand the practice to visions of what you want in your world. Connect with others who share your desires and join forces.

Easter Sunday is approaching. Let us commemorate this day by dedicating our lives to manifesting the vision the Master had for us. He showed us the way. Together we can bring it about.

Jesus, knew in his heart that he would ascend, that his life would continue. He was well aware of life in the higher realms. He undoubtedly knew, and was willing to allow, the miseries immediately preceding his crucifixion. However, he also knew that the final outcome would change the path of mankind, so he held the faith. He maintained his vision.

We are faced now with change and uncertainty. Now is the time to hold onto the visions of a new world, the new Eden that was prophesized, a return to the life of love and brotherhood that hovers in our subconscious memories. It is imperative that we maintain that image. We must be passionate in our belief in it and never waiver into doubt.

Live the vision. Feel the vision. Let it guide your life each day. Remember, Jesus taught that we could do even greater works than he. He believed that. We must believe also. Together we can create our dream world of love, light, and laughter.

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*Dance to the Promise*

Long the world had lain in darkness.  
Gone the hope to stir man's heart.  
Greed and power had reigned triumphant.  
Black the hour on mankind's chart.

God then sent His love incarnate,  
teaching truth and faith and light.  
Memories that had long been dormant  
surfaced from the depth of night.

Love was planted in the springtime  
of the season's fertile span.  
Light was edging out the darkness.  
Faith had come to Earth again!

Then the blackness of the midnight  
rose to battle with the Light,  
and the Teacher so beloved  
felt the furor of its might.

But as morning brought its promise,  
Light that hate had near snuffed out  
flamed again in brilliant shining,  
flooding out the fear and doubt.

So the seed was sown to flourish  
through gestation long and slow,  
planted in each heart to nourish,  
waiting for its time to grow.

Sing the joyous Easter message!  
Dance and pulsate to the song!  
Lightly trip the path he lighted.  
Claim the promise of the dawn.

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Poem from *Messages from the Light*,  
By Jean Warner  
Planetary Heart Publications-1999  
[www.planetaryheart.com](http://www.planetaryheart.com)