

Thoughts to Ponder

Give Yourself A Joyous Christmas

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The Christmas season is ringing in. The beautiful carols are already lending their lovely vibrations to all who hear them. This is always a time for upliftment. The music, the loving thoughts of others, the joy and excitement that this season promotes have begun to raise the consciousness of those who treasure the Christmas celebration. It is a time for giving, a time for loving, a time for gratitude for the birth of the Master Jesus. It is an exciting time! It seems there is magic in the air as Christmas approaches. The entire atmosphere is in a higher state of vibratory frequency.

However, the way one reacts to the Christmas theme is a matter of choice. One can choose to be despondent because he/she feels alone, neglected, or in lack, or whatever one decides to attribute his/her attitude to. Or one can feel within one's heart the joy and holiness of the day and respond to the reason for celebration, recognizing the gift that was given to mankind.

Choose to overlook the frustration of commercialization and crowded stores. Choose to see only the light in the faces of shoppers, the joy of the carolers, the excitement of children, and the beauty of the Christmas lights and decorations. You can choose to be part of the celebration, to join in the activities, to create opportunities to help others enjoy the holiday season. Or, of course, you can choose to take the attitude of a Scrooge. It is all up to you.

If you choose to keep your spirits high, the universe will support that choice, and everything will fall into place to promote that decision. If you expect a joyous time, the law of attraction will bring just that.

Please do not observe the day in *solemn* holiness. It is a joyous day! Be reverent, but at the same time, be joyful. Focus on the love that the Savior taught and the brotherhood of all, but do so with joy and gladness. His birth was a gift, the most important gift ever given on Christmas Day. If you receive no other gift on this day in this year, realize that you are greatly blessed, and be grateful, lighthearted, and jubilant. Nothing negative that might happen in your life can take away the blessing of the birth of your Savior. Let it expand your consciousness, and respond to the feeling of joy in the air. Celebrate with gladness in your heart.

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Christmas is Ringing

O sing, O sing, rejoice and sing!
The promise once again
now stirs in human consciousness
to waken sleeping men.

Proclaim, proclaim the holy birth
of love within the soul.
Let song express your joyful heart
and let the glad bells toll.

As angels sing, the heavens ring!
The season has begun
when God sends to the Earth below
the magic of His son.

He beams the energy of love,
and fills the atmosphere
with gentle vibratory tones
of harmony and cheer.

The Spirit of the Christ He plants
within the human soul,
as He awakens memories
of Jesus and His goal.

Each year the Christmas season rings
with joyous exultation,
as essence of the Christ returns
to waken every nation.

Each year, awareness multiplies
as inner lights expand.
The message of the Christ unfolds
according to God's plan.